

Guidelines for dealing with an incident/accident

HARLOW ATHLETIC CLUB

1. Stay calm but act swiftly and observe the situation.
Is there danger of further injuries?
2. Listen to what the injured person is saying.
3. Alert the first-aider who should take appropriate action for minor injuries.
4. In the event of an injury requiring specialist treatment, call the emergency services.
5. Deal with the rest of the group and ensure that they are adequately supervised.
6. Do not move someone with major injuries. Wait for the emergency medics.
7. Contact the injured person's parent/carer.
8. Complete an incident/accident report form.

FIRST AID FACILITIES

These are provided by the duty first aider at the Sport Centre front desk
